



# the quilted health spokane care team



**lisa larkin, DNP, CNM, ARNP (she/her)**  
Clinical Director

As Lisa heard stories of her mom's empowering births, she began to develop a life-long desire to learn about maternal health practices and ultimately became a midwife. She enjoys incorporating her prior experience with complementary and alternative modalities into the midwifery care she provides. Lisa earned her bachelor's degree from Washington State University's College of Nursing and her doctorate in nursing practice in Nurse Midwifery from the University of Washington. Lisa has lived in and served the Spokane community for most of 20 years. She is now honored to lead this team of midwives in growing access to midwifery care.



**holly carpenter, WHNP, CNM, ARNP (she/her)**  
Lead Midwife

Holly became a midwife with the intention and goal to support people through all reproductive health outcomes and experiences. Her passion has always been to help folks make informed choices about their reproductive health care, their bodies, and ultimately their lives. Holly attended her Master's program at the University of California, San Francisco, graduating as a midwife in 2014. She practiced for her first three years at the Alaska Native Medical Center in Alaska and later in Colorado and Idaho. She is now settled in Spokane with this team of intelligent, capable, and loving midwives.



**jane silver, DNP, CNM, ARNP (she/her)**

**Community Engagement Coordinator & Midwife**

Jane's experience as a nurse's assistant in the UK inspired her to attend nursing school and piqued her interest in birth work. When she completed nursing school, she went on to work in the Emergency Department at Sacred Heart Hospital as an emergency room nurse. Jane then pursued a Doctorate of Nursing Practice in Midwifery. After working as an out-of-hospital midwife in Spokane for many years, Jane is excited to expand a new model of comprehensive midwifery care to her community.



**charlie (charlotte) lynch, CNM, DNP, ARNP (she/her)**

**Midwife**

Charlie had always wanted a career where she could blend her affinity for quiet compassion with her desire to affect positive change, and midwifery proved to be the perfect place to land. She received her Bachelor of Science in Nursing and her Doctor of Nursing Practice degrees from the University of Washington. Practicing full-scope midwifery in Spokane since 2017, Charlie feels it is a true honor and joy to be welcomed into the lives of each unique human she has worked with, both in and outside of pregnancy. She strives to provide gentle, personalized, whole-person care and aims to approach every interaction with kindness and humility.



**fleur coulter, MSN, CNM, ARNP (she/her)**

**Midwife**

Fleur felt a strong calling for midwifery early in life. She began her career working as a birth assistant at a birth center in Texas before heading to New York to pursue a midwifery degree at Columbia University. She has been in Spokane since 2002, when she arrived as a National Health Service Corps scholar to work with CHAS. Fleur strives to meet each client where they are and provide judgement-free care in a partnership between midwife and client. When she isn't midwifing, Fleur spends her time playing violin, studying karate, and spending time with family.



### haleigh peterson, MSN, CNM, ARNP (she/her)

#### Midwife

Haleigh began her career as a Labor & Delivery nurse and was inspired to pursue by the midwives she worked alongside. Haleigh believes midwifery care can lead to empowering women and teaching young girls what their body is capable of. Haleigh's care is individualized to fit the needs and goals of each person and encompass mind, body and spirit to fulfill the needs of each person as a whole. Prior to joining Quilted, she practiced as a midwife at the largest hospital in Montana for 2 years. She earned her nursing degree from Carroll College and her midwifery education at Frontier Nursing University.



### hannah peterson-kinney, DNP, CNM, ARNP (she/her)

#### Midwife

Hannah wanted to be a midwife because she thought that birth was the most beautiful and profound thing in life. She has dedicated her career to supporting families as they navigate this process and practices evidenced-based care while maintaining the principles of midwifery care. Hannah's care honors the normality of physiologic processes, engages in shared decision-making, and uses human presence and relationships to enhance wellness and satisfaction. Hannah started her birth work journey with a doula training and then received her midwifery education at Bemidji State University in Northern Minnesota and the University of Minnesota.



### julie mccormick, MSN, CNM, ARNP (she/her)

#### Midwife

Julie has been interested in medicine and nursing since her teen years with a strong interest in women's and reproductive health. She obtained her nursing degree in 2003 from Spokane Community College and midwifery degree from Frontier Nursing University in 2016. She first began her midwifery career in an out-of-hospital home birth and birth center practice before moving to health clinics and hospital births. Julie is passionate about birthing rights, true informed education and consent, and family involvement. She believes that each birth is extraordinary and important, no matter which number birth it is.



## **morgan hughes, LM, CPM (she/they)**

### **Midwife**

Morgan's journey to midwifery began with the idea that the birthing experience should be a personal event and the simple belief that health care should be holistic. She is a Licensed Midwife in Washington State, a Certified Professional Midwife through the North American Registry of Midwives, and a professional member of the Midwives' Association of Washington State (MAWS). Morgan believes that pregnancy is a transitional and vulnerable time where people deserve to be treated with the utmost respect, sensitivity, and love. She has supported hundreds of families through the childbearing year and has attended births in homes, birth centers, and hospitals. She strives to ensure that the intentional care she provides makes a lifelong effect on her clients.



## **nicole stinson, MS, CNM, ARNP (she/her)**

### **Midwife**

The birth of Nicole's first child inspired her to become a midwife and support people through one of the most transformative and powerful times in their lives. To Nicole, quality care is compassionate, evidence-based, and centered on the unique needs and values of each person. She believes in building trusting relationships, empowering patients, and creating a safe, respectful space throughout every stage of their reproductive journey. Nicole earned her nursing degree from the University of North Carolina-Wilmington, in 2004, and her midwifery degree from the University of Colorado-Denver in 2015. She is also a member and patient education representative of the American Society of Reproductive Medicine. Her goal is for every patient to leave their visit feeling informed, empowered, and truly heard.



## **shelley northern, DNP, CNM, ARNP (she/her)**

### **Midwife**

Shelley has dedicated the past 15 years of her life to providing midwifery care, teaching the next generation, and leadership roles. Her primary objective as a nurse-midwife is to do all that she can to ensure her clients have a safe and positive birth experience. She began her journey to becoming with a degree in nursing from Johns Hopkins and 10 years working as a labor & delivery nurse, followed by midwifery degrees from the University of Washington and University of Arizona. Shelley's care is often described as caring, kind, and full of heart.



### **steffany rasmussen, RNC-OB (she/her)**

#### **Clinical Operations Manager & Perinatal Nurse Specialist**

Steffany realized she wanted to become a perinatal nurse during a Medical Careers class for High School Biology. During class, on a hospital tour, she was lucky enough to be outside the door when a baby was born and heard their first cry. She instantly felt drawn and wanted to be on the other side of the door providing care. She followed her heart and attended Montana State University College of Nursing. After two years working as a nurse at a busy family practice, Steffany went on to spend the next 18 years in the labor and delivery unit at Providence Holy Family on Family Maternity Center. She feels blessed to be part of the Quilted Health Spokane team to collaborate with the midwives in order to provide care in a way that is meaningful and meets the client where they are.



### **carly solberg, RN (she/her)**

#### **Perinatal Nurse Specialist**

Carly discovered her passion for women's health during nursing school, when she found herself drawn to the world of OB/GYN. She earned her BSN from Seattle Pacific University and has been a nurse for over 13 years. She has since worked across multiple clinical settings, supporting patients through all stages of reproductive health. Carly is known for her warm, empathetic presence and her commitment to relationship-centered care. She strives to be a thoughtful advocate and patient listener and is passionate about client education. Outside of work, she enjoys spending time with her three spunky daughters, trialing new recipes and exploring local restaurants, juggling multiple creative projects, and taking in the beauty of the Inland Northwest.



### **samantha getchell, CMA (she/her)**

#### **Lead Medical Assistant & Site Lead**

Samantha's interest in healthcare and reproductive health began as a child while watching her mother, a nurse, provide in-home postpartum visits. Samantha quickly developed a passion for reproductive health that led her to a career as a CMA. She has been working in women's health since 2018. She loves getting to help people feel welcome and comfortable in their care, especially those with anxiety in a healthcare setting. When she's not at the clinic, Samantha spends her time with her children, family, and friends, attending her kids' sporting events or hiking and camping.



### **lisa C., CMA (she/her)**

#### **Medical Assistant**

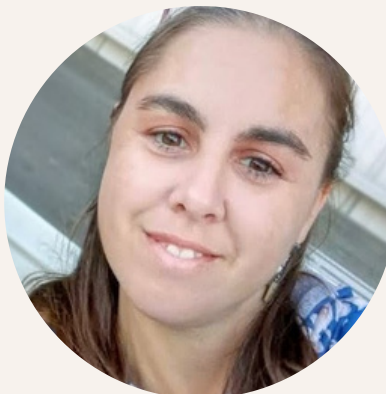
Lisa spent a multi-decade career as a graphic designer and brand consultant before making a huge career pivot into healthcare. She was inspired by her time caring for her mother and best friend through their cancer treatments and hospice care. Lisa became passionate about caring for people and making an impact to their health and their lives. She returned to school to become a Medical Assistant and phlebotomist. She brings her personal experience with pregnancy and women's health to help her relate to what patients are experiencing. Her joy is to make everyone's day a little brighter and to feel accepted and heard. She loves being a part of people's lives as their bodies and hearts evolve and grow through their lives, from puberty, motherhood, and menopause.



### **miranda, CMA (she/her)**

#### **Medical Assistant**

Miranda began her journey in healthcare driven by a deep interest in the medical field and a genuine passion for helping others. She has volunteered with the Vanessa Behan Crisis Nursery and worked with both children and adults with special needs. Miranda worked as a phlebotomist and EMT prior to transitioning to a Medical Assistant role. She has worked across several medical departments, including pediatrics, women's health, family medicine, and geriatrics. Miranda believes that compassionate care means treating the whole person—not just their symptoms—and being a steady, respectful presence throughout their healthcare journey. She strives to provide care that feels personal, trustworthy, and rooted in genuine connection.



### **jennifer, CMA (she/her)**

#### **Medical Assistant**

Jennifer knew at a young age she wanted to be in the medical field. Her love for anatomy and biology inspired her to get her CNA certificate in 2003 and her MA certification in 2021. In 2024, she completed CHAS Health's Emerging Leaders program. As a CNA she worked in many different specialties, from nursing homes to acute hospital care. After receiving her MA certification, she worked in pediatrics. Jennifer's clients say she is a reliable and safe person for them to come to where they can talk about anything and feel heard and not judged. They would also say that she is fun and always makes them laugh!



**xylina, BANI, CLE, Certified Doula (she/her)**

### **Childbirth Educator**

Xylina's journey into birth work began in 2008, driven by a passion for supporting families during one of the most transformative times in their lives. She started as a birth and postpartum doula and has had the honor of supporting many diverse families through pregnancy, birth, breastfeeding, baby care, and the many emotional and physical changes that come along the way. Xylina believes care should be empowering, respectful, and rooted in trust. She earned her childbirth educator certification through the International Childbirth Education Association and has since pursued additional training in Lamaze and Birthing As Nature Intended. Her goal is to bring a wide range of practical, accessible tools to the classroom—so every parent can find what works best for them.